



WEEKLY PINCHER CREEK POOL SCHEDULE

July 1 - July 7, 2024 – Subject to Change Without Notice



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Pool Phone: 403-627-2565
Rec Office Phone: 403-627-4322
HOTLINE: 403-627-4062
www.pinchercreek.ca/swim
895 Main Street Pincher Creek

Daily Drop-In Admission

Toddler 0 - 3

Free

Child 4 - 7

\$4

Youth 8 - 17

\$5

Adult 18+

\$7

Senior 55+

\$6

Family

\$16

Aquafit

\$8

Aquafit 55+

\$6

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY & SUNDAY
6 - 8 a.m.			Lane Swim		Lane Swim	
8 - 9 a.m.			Aquafit		Fitness Swim	
9 - 10 a.m.	Holiday Schedule	Lessons				
10 - 11 a.m.						Lane Swim, Parent 'n' Tot
11 a.m. - 12 p.m.	Lane Swim, Parent 'n' Tot	Lane Swim, Parent 'n' Tot				
12 - 1 p.m.	11:00 am - 1:00 pm	11:15 am - 12:45 pm				
1 - 2 p.m.	Open Swim 1:15 - 4:00 pm	Open Swim 1:00 - 2:45 pm			Toonie Swim 1:00 - 2:45 pm	Open Swim 12:15 - 3:00 pm
2 - 3 p.m.		AHS Therapy, Lessons (2:45pm)	Aquafit, Lessons (2:45pm)	AHS Therapy, Lessons (2:45pm)	Fitness Swim, Lessons (2:45pm)	Rental
3 - 4 p.m.						
4 - 5 p.m.		Dolphins Swim Club	Dolphins Swim Club	Dolphins Swim Club	Open Swim	Hot Tub & Shower Availability The hot tub is available during open swim, family swim, parent & tot, lane swim, toonie swim, fitness swim & aquafit. The showers are available during regular facility hours.
5 - 6 p.m.						
6 - 7 p.m.		Open Swim, Fitness Swim	Open Swim, Fitness Swim	Open Swim, Fitness Swim	Open Swim, Fitness Swim	
7 - 8 p.m.		6:15 pm - 8:00 pm	6:15 pm - 8:00 pm	6:15 pm - 8:00 pm	6:15 pm - 8:00 pm	

Open Swim – Everyone welcome, those under the age of 8 years old must be accompanied in the water within arms reach by a parent or guardian who is 16 years old or older.
Family Swim – Families welcome to swim together. Children must be accompanied in the water within arms reach by an adult 18 years and older.
Fitness Swim - This swim is for those looking to swim lengths, aquawalk, jog, or similar fitness activity.
Lane Swim – Those swimming lengths of the pool for fitness, training and stroke practice. You should be able to swim a minimum of one 25 m length of the pool independently.
Parent and Tot – Adults and preschoolers (those ages 6 and under) swim & play in wading pool, hot tub, slide

Aquafit – Instructed low-impact workout, ages 13 and up.
AHS Aquatic Therapy - Alberta Health Services Therapy class, must be referred by AHS to participate.
Toonie Swim – An open swim for just \$2.00.
Dolphins - The dolphins are our home swim club team. You must register with the Pincher Creek Dolphins club to join.
Rental - For those wanting to rent the pool for private functions like birthday parties, celebrations or similar. Please book no less than 7 days prior to your desired date.